

VARICOSITY VEIN CENTER

PRE-OPERATIVE INSTRUCTIONS for VEIN SURGERY

1. Please report to Varicosity Vein Center at:

Trinity Medical Center, 880 Montclair Road, Suite 380

Gardendale Medical Clinic, 2217 Decatur Highway, Suite 127, for the procedure on your

Right leg Left leg, on _____ at _____,

Right leg Left leg, on _____ at _____,

Right leg Left leg, on _____ at _____,

Right leg Left leg, on _____ at _____.

*All scheduled procedure times are subject to change based on emergency situations involving your surgeon. There is no need to report any earlier than the scheduled time as this only increases your wait time.

2. Please be prepared to spend a minimum of one to two hours in our office. Though the procedure does not last the entire time, it allows our staff time to prepare you pre- and post-operatively.
3. Bandaging and local anesthesia may affect your ability to drive; therefore, we strongly recommend you make preparations for a driver to take you home the day of your procedure. Your driver does not have to wait during your procedure; he/she can be contacted by us when it is time for you to be picked up.
4. If you have any known drug or latex allergies, please notify us prior to your surgery date.
5. If you are on any blood thinners, e.g., Coumadin, Plavix, aspirin therapy (above 325mg/day), etc., and have not discussed these with us, please notify us prior to your surgery date.
6. If you pre-medicate prior to medical and/or dental procedures, please notify us prior to your surgery date.
7. Continue taking all other medications and/or supplements as prescribed by your primary care physician or specialist(s).
8. Be sure to stay hydrated by drinking several eight ounce glasses of water the day before and the day of surgery.
9. Though we recommend bathing the day of your procedure, please refrain from using body moisturizers; for example, lotions, creams, and oils, on the affected leg the day of surgery.
10. You **do not** have to fast; you may eat and drink until the time of your procedure. We recommend light meals on the day of surgery. Also, avoid **multiple** carbonated/caffeinated beverages as they may act as diuretics.
11. Please wear comfortable, loose pants or shorts the day of your procedure as you will be bandaged on the one leg.
12. If you have questions regarding the information above or have additional questions not addressed here, please call (205)592-1800.